

Thiruvananthapuram International Airport

Press Note

Yoga day celebration at TIAL

Thiruvananthapuram, June 21: On the occasion of International Yoga Day, Thiruvananthapuram International Airport has organized Yoga and meditation sessions. Employees from various departments and stakeholders including CISF and Immigration at the airport attended. The program was led by yoga instructors from the Heartfulness Institute. The yoga team performed asanas, pranayama, chanting, meditation and beathing exercises.